



MENÚ SPA

SPA MENU

SPA MENU

The Casa Velas Spa invites you to discover an experience that will heighten your senses and evoke introspective changes in your views of protection, nobility, perfection, humility, strength and beauty; these ingredients are indispensable in forming a personality.

Our experts will guide you through each hydrotherapy station, preparing your body and mind for your selected treatment. Continue with your therapy, and embrace your desired harmony and beauty.



Soft



Medium



Deep

MASSAGE

The path to wellbeing

If your body requests it, your interior needs it

HARMONY MASSAGE

Regain your energy and inner peace through a series of gentle and soothing manipulations that unite and harmonize your body. This massage will help relieve the stress and fatigue accumulated during the daily routine.

SPORTS MASSAGE

A revitalizing deep pressure massage that will increase energy in the body through dynamic and invigorating manipulations. Ideal for active people who would like to feel energized throughout the day.

THERAPEUTIC MASSAGE

An excellent combination of personalized techniques integrated in one massage. Lymphatic drainage, reflexology, acupressure, shiatsu and stretching, among other methods, make this therapy an experience of relaxation and liberation.

DEEP TISSUE MASSAGE

A specialized technique with deep, slow movements that work on a muscular level to eliminate the contractions caused by the stress of daily life, exercise and sports.

QUIRO-GOLF MASSAGE

An exclusive, original treatment incorporating the use of golf balls. It helps to release innumerable sensations, through diverse and coordinated manipulations and pressures that work on the muscles and joints. Ideal for eliminating stress and anxiety, as well as recovering physical and mental energy.

TENDERNESS MASSAGE

An awareness therapy that connects the future mother with her baby, during a relaxing massage using amaranth oil and mango balm, which hydrate and soften the skin. You will relax and find relief from stress during this wonderful stage of life.

FACIALS

The path to enlightenment

Caring for the window to our soul

THE CURE

THE SECRET OF CHANGE IS WHERE YOU FOCUS YOUR ENERGY

A detoxifying enzymatic cure with a thermal effect that helps purify the pores, this facial provides a feeling of freshness and revitalization. Your skin will be left clean, soft, moisturized and protected.

ORGANIC WHITE TEA FACIAL

An organic treatment with unique actives such as white tea extract and oils of cashew, sunflower seeds, and soy beans, which provide your face with intense hydration. The effects are anti-oxidant, anti-pollution and anti-aging.

CITRUS FACIAL

Caress your face with 100% vitamin C citrus essence, which stimulates the production of active collagen to renew the firmness and elasticity of your skin; an anti-oxidant treatment that repairs skin damaged by sun and pollution, leaving it soft and hydrated.

DIAMOND ENERGY EXPERIENCE FACIAL

Designed to treat skin that has been devitalized due to environmental stress or cellular damage. Redefines the facial oval, spectacularly recovers elasticity, unifies the skin tone and visibly improves its texture.

S.O.S. SENSITIVITY FACIAL

Returns comfort to your skin using an exclusive combination of botanical ingredients for soothing the complexion. This facial treatment is the ideal solution to recover the health of skin that is sensitive, reactive, or suffers from rosacea.

MEN'S FACIAL

Shi-Zen-Detox are the words that encompass this cleansing, anti-fatigue treatment. It begins with a deep cleansing and application of active agents such as birch sap, vitamin C, and trace elements (dietary minerals) that are integrated into a relaxing massage; leaving the skin fresh and revitalized.

THERAPIES

The path to transformation

Pampering your body and caressing your senses

NEURO-AROMA CANDLE MASSAGE

CARE FOR YOUR EXTERIOR AS WELL AS YOUR INTERIOR; TOGETHER THEY CREATE HARMONY

Experience incredible sensations during this massage, which works on the meridians of the body with a combination of digital pressure and smooth manipulations. Select the aroma of your choice and enjoy the warmth and softness of your candle: lavender, rose, passion fruit or vanilla.

ROMANTIC MOONLIGHT MASSAGE

Enjoy magical moments with your partner during a seaside interlude under the light of the moon and stars. Experience a massage with relaxing, gentle techniques combined with essential oils to induce relaxation. The final touch is a delicious sparkling wine accompanied by chocolate-covered strawberries.

CASA VELAS HERBAL RITUAL

Sharpen your senses during a spiral healing technique with compresses filled with aromatic herbs and botanicals such as orange peel, cloves, bay leaves and horsetail, among others. You'll obtain countless benefits!

BODY TREATMENTS

The path to renovation

Allow your skin to breathe as well

AFTER SUN

A renewal and hydration treatment with aloe vera, whose calming effect reduces the burning sensation and irritation caused by sun exposure. Its citrus and seaweed concentrates also help avoid peeling. Enhance this treatment with a facial to help your skin regain lost fluids and return vitality and smoothness to your face.

CITRUS WRAP

A body wrap using natural ingredients such as crystallized honey, shea butter and vitamin C, which protect the skin from dryness and premature aging, providing it with rejuvenating, antioxidant and firming power from the very first session.

GRAPE WRAP

This wrap utilizes the properties of grapes, and begins with an exfoliation to remove dead skin cells. Helps to restore skin damaged by free radicals and stress, giving it the vitality it needs.

CHOCOLATE WRAP

Made with a base of cacao and highly nourishing ingredients. Leaves the skin silky and with an aroma of chocolate, which helps release endorphins and stimulate physical and emotional wellbeing.

À LA CARTE EXFOLIATION

Personalize your body cleansing by selecting the exfoliant that best suits your preferences. Its color, aroma and texture will leave your skin extraordinarily soft and silky. Your options: Vitamin C (antioxidant), Bamboo (firming) or Chocolate (energizing).

ABJA RITUALS

The path to healing

Finding your inner balance

REFLEXOLOGY

An alternative therapy that stimulates the organs using digital pressure on the hands, feet and ears. It stabilizes the nervous system to achieve deep relaxation, eliminating accumulated stress and fatigue. This treatment is accompanied by subtle aromas that will optimize your perception.

SHIA TAI

An Asian healing technique that applies digital pressure to the different meridians of the body and includes stretching of the joints to restore and balance vital energy. Enjoy this combination of methods on a comfortable futon, wearing special clothing.

PRE-HISPANIC STONE THERAPY

Levels and balances the different energy centers of the body. The principal elements of the therapy are volcanic and river stones in various textures, sizes and shapes, which generate internal heat to provide deep relaxation of the body, mind, and soul.

LOMI-JUMA THERAPY

The healing cultures of the Mediterranean and the Pacific Ocean come together to create a unique and original experience. A massage using Hawaiian techniques helps you recover your vital energy.

BEAUTY SALON

Spa Manicure

60 min

An intensive treatment to soften and hydrate your hands, providing them with a beautiful, natural appearance. Begins with an exfoliation to eliminate dead skin cells and continues with a manicure and application of a nourishing cream.

Spa Pedicure

60 min

Begins with an exfoliation, followed by a cool, fresh mask. Concludes with a relaxing massage and nourishing cream.

Casa Velas Manicure and Pedicure

100 min

An exclusive treatment featuring a relaxing hand massage with reflexology points, accompanied by a paraffin treatment. The pedicure includes a massage with hot stones, which help to soothe and relax inflamed feet.

PRICE LIST

MASSAGES

🌿 Harmony	50 min / 80 min	\$135 / \$160
🌿 Sports	80 min	\$165
🌿 Therapeutic	80 min	\$165
🌿 Deep Tissue	80 min	\$170
🌿 Quiro-Golf	80 min	\$200
🌿 Tenderness	50 min	\$135

FACIALS

Org. White Tea	50 min	\$140
Citrus	80 min	\$170
Diamond Energy Experience	80 min	\$180
S.O.S Sensitivity	60 min	\$160
Men's Facial	80 min	\$170

THERAPIES

Neuro-Aroma Candle Massage	80 min	\$165
🌿 Romantic Moonlight Massage	60 min	\$360
🌿 Casa Velas Herbal Ritual	80 min	\$170

BODY TREATMENTS

After Sun	50 min / 80 min	\$140 / \$170
Citrus	50 min / 80 min	\$140 / \$170
Grape	80 min	\$160
Chocolate	80 min	\$160
À La Carte Exfoliation	60 min	\$135

ABJA RITUALS

Reflexology	50 min	\$135
Shia Tai	50 min	\$140
Pre-Hispanic Stone Therapy	80 min	\$170
Lomi-Jumã Therapy	50 min	\$140

BEAUTY SALON

Spa Manicure	\$60
Spa Pedicure	\$70
Casa Velas Manicure & Pedicure	\$110
Polish change	\$18
Wash and dry	\$45
Bridal hairstyle	\$85
Evening hairstyle	\$70
Simple hairstyle	\$55
Straightening	\$45
Hair treatment (medium/long)	\$40 / \$50
Waxing	

Prices are listed in USD and include tax. Charges apply for additional services.



CASAVELAS

Puerto Vallarta



VELAS RESORTS

MÉXICO

GRAND VELAS · CASA VELAS · VELAS VALLARTA

velasresorts.com