



SPA MENU

SPA MENU

The Casa Velas Spa invites you to discover an experience that will heighten your senses and evoke introspective changes in your views of protection, nobility, perfection, humility, strength and beauty; these ingredients are indispensable in forming a personality.

Our experts will guide you through each hydrotherapy station, preparing your body and mind for your selected treatment. Continue with your therapy, and embrace your desired harmony and beauty.



Soft



Medium



Deep

MASSAGE

The path to wellbeing

If your body requests it, your interior needs it

 **HARMONY MASSAGE** 50 MIN/ 80 MIN

Regain your energy and inner peace through a series of gentle and soothing manipulations that unite and harmonize your body. This massage will help relieve the stress and fatigue accumulated during the daily routine.

 **THERAPEUTIC MASSAGE** 80 MIN

An excellent combination of personalized techniques integrated in one massage. Lymphatic drainage, reflexology, acupressure, shiatsu and stretching, among other methods, make this therapy an experience of relaxation and liberation.

 **DEEP TISSUE MASSAGE** 50 MIN/ 80 MIN

A specialized technique with deep, slow movements that work on a muscular level to eliminate the contractions caused by the stress of daily life, exercise and sports.

 **TENDERNESS MASSAGE** 50 MIN

A unique experience that creates a sublime connection between mother and baby. Alleviates the feeling of heaviness in the legs, hips and womb, and provides the skin with increased elasticity through the application of natural balms and essential oils. During the 50-minute massage, your skin will be caressed by a regenerating facial as well.

FACIALS

The path to enlightenment

Caring for the window to our soul

THE CURE 80 MIN

THE SECRET OF CHANGE IS WHERE YOU FOCUS YOUR ENERGY

A detoxifying enzymatic cure with a thermal effect that helps purify the pores, this facial provides a feeling of freshness and revitalization. Your skin will be left clean, soft, moisturized and protected.

DIAMOND ENERGY EXPERIENCE FACIAL 80 MIN

Designed to treat skin that has been devitalized due to environmental stress or cellular damage. Redefines the facial oval, spectacularly recovers elasticity, unifies the skin tone and visibly improves its texture.

LESS IS BEAUTY 40 MIN

A smooth gommage scrub (granulation-free) that reveals a silky smooth skin in three phases: a protein exfoliant, based on alpha-amino acids to awaken tired skin; a gentle renewal to rejuvenate the appearance of the skin, and an oil essence to leave a remarkably smooth touch finish. The result is a noticeably brighter refined skin, and a uniform complexion.

THERAPIES HARMONIZERS

The path to transformation

Pampering your body and caressing your senses

NEURO-AROMA CANDLE MASSAGE 80 MIN

CARE FOR YOUR EXTERIOR AS WELL AS YOUR INTERIOR; TOGETHER THEY CREATE HARMONY

Experience incredible sensations during this massage, which works on the meridians of the body with a combination of digital pressure and smooth manipulations. Select the aroma of your choice and enjoy the warmth and softness of your candle: lavender, rose, passion fruit or vanilla.

ROMANTIC MASSAGE 60 MIN

Enjoy magical moments and experience a treatment with gentle techniques combined with essential oils to induce relaxation. At the end, you will sparkling wine accompanied by chocolate-covered strawberries.

CASA VELAS HERBAL RITUAL 80 MIN

Sharpen your senses during a spiral healing technique with compresses filled with aromatic herbs and botanicals such as orange peel, cloves, bay leaves and horsetail, among others. You'll obtain countless benefits!

RITUAL BAMBOO 80 MIN

Discharge dead cells from the epidermis by massaging with its oil base, giving the body a source of phenolic antioxidants while the muscles and joints are pleasantly massaged.

ABJA RITUALS

The path to healing

Finding your inner balance

REFLEXOLOGY 50 MIN

An alternative therapy that stimulates the organs using digital pressure on the hands, feet and ears. It stabilizes the nervous system to achieve deep relaxation, eliminating accumulated stress and fatigue. This treatment is accompanied by subtle aromas that will optimize your perception.

PRE-HISPANIC STONE THERAPY 80 MIN

Levels and balances the different energy centers of the body. The principal elements of the therapy are volcanic and river stones in various textures, sizes and shapes, which generate internal heat to provide deep relaxation of the body, mind, and soul.

CITRUS 50 MIN / 80 MIN

A body wrap using natural ingredients such as crystallized honey, shea butter and vitamin C, which protect the skin from dryness and premature aging, providing it with rejuvenating, antioxidant and firming power from the very first session.

PRICE LIST

MASSAGES

Harmony	50 min / 80 min	\$148 / \$180
Therapeutic	80 min	\$180
Deep Tissue	50 min / 80 min	\$148 / \$180

HARMONIZING THERAPIES

New Massage: Candle Scent	80 min	\$180
Tenderness	50 min / 80 min	\$148 / \$180
Reflexology	50 min	\$148
Romantic Ritual	80 min	\$380

ANCIENT THERAPY

Pre-Hispanic Using Rocks	80 min	\$180
Casa Velas' Herbal Ritual	80 min	\$180

FACIALES | FACIALS

Diamond Life Infusion	80 min	\$180
The Cure	80 min	\$180
Less is Beauty Personalized	80 min	\$180

BODY TREATMENTS

Citrus (80min.)	80 min	\$180
Bamboo Ritual (80min.)	80 min	\$180

Prices are listed in USD and include tax. Charges apply for additional services.



CASAVELAS®

PUERTO VALLARTA



VELAS RESORTS®

MÉXICO

GRAND VELAS · CASA VELAS · VELAS VALLARTA · MAR DEL CABO

velasresorts.com