

Spa | 
ABJA

SPA ETIQUETTE

To reserve any of our treatments and services, please call the extension 6000 or email us at spareservationscv@velasresorts.com. If you require to cancel or reschedule your appointment, contact us at least 12 hours in advance.

All guests are required to complete a health questionnaire before their treatment. Please, we ask you to inform us about any medical condition, pregnancy, and/or allergies.

We recommend you arrive 10 minutes before your treatment to have time available to fill out the health questionnaire and enjoy the whole experience. The delay in your appointment means that your treatment time will be reduced or will not be carried out as scheduled.

Upon entering the Spa, we provide you with a locker and gown. We suggest you place your jewelry and items of value in the safe prior to your treatment.

Our therapists are certified in various body treatments, facials, and massage techniques to ensure your comfort and privacy.



SPA MENU

ABJA Spa invites you to discover an experience that will heighten your senses and evoke introspective changes in your views of protection, nobility, perfection, humility, strength and beauty; these ingredients are essential in forming a personality.

Our experts will guide you through each hydrotherapy station, preparing your body and mind for your selected treatment. Continue with your therapy, and embrace your desired harmony and beauty.



Soft



Medium



Deep



MASSAGES

The path to wellbeing

If your body requests it, your interior needs it

HARMONY 50 / 80 MIN

Regain your energy and inner peace through a series of gentle and soothing manipulations that unite and harmonize your body. This massage will help relieve the stress and fatigue accumulated during the daily routine.

THERAPEUTIC 80 MIN

An excellent combination of personalized techniques integrated in one massage. Lymphatic drainage, reflexology, acupressure, shiatsu and stretching, among other methods, make this therapy an experience of relaxation and liberation.

DEEP TISSUE 50 / 80 MIN

A specialized technique with deep, slow movements that work on a muscular level to eliminate the contractions caused by the stress of daily life, exercise and sports.

QUIRO-GOLF 80 MIN

Exclusive and original treatment made with golf balls. It helps to release innumerable sensations through various coordinated and pressure manipulations that work at the muscular and joint level, ideal for eliminating stress and anxiety, as well as for recovering physical and emotional energy.

TENDERNESS 50 MIN

A unique experience that creates a sublime connection between mother and baby. Alleviates the feeling of heaviness in the legs, hips and womb, and provides the skin with increased elasticity through the application of natural balms and essential oils. During the 50-minute massage, your skin will be caressed by a regenerating facial as well.

FACIALS

The path to enlightenment
Caring for the window to our soul

THE CURE 80 MIN

“THE SECRET OF CHANGE IS WHERE YOU FOCUS YOUR ENERGY”

A detoxifying enzymatic cure with a thermal effect that helps purify the pores, this facial provides a feeling of freshness and revitalization. Your skin will be left clean, soft, moisturized and protected.

ORGANIC WITH WHITE TEA 80 MIN

Organic treatment with unique actives such as white tea extracts and essential oils of cashew, sunflower seed and soy, which offers an intense hydration to your face. It acts as an antioxidant, anti-pollution and anti-aging.

DIAMOND ENERGY EXPERIENCE 80 MIN

Designed to treat skin that has been devitalized due to environmental stress or cellular damage. Redefines the facial oval, spectacularly recovers elasticity, unifies the skin tone and visibly improves its textures.

CITRIC 80 MIN

Essence of Vitamin C 100% stimulate the production of collagen for renew the firm and elasticity of the skin. Antioxidant treatment after sun and pollution, brings your skin nourish and soft.

LESS IS BEAUTY 80 MIN

A smooth gommage scrub (granulation-free) that reveals a silky smooth skin in three phases: a protein exfoliant, based on alpha-amino acids to awaken tired skin; a gentle renewal to rejuvenate the appearance of the skin, and an oil essence to leave a remarkably smooth touch finish. The result is a noticeably brighter refined skin, and a uniform complexion.

OXYGENATE EXCEL 80 MIN

It acts globally on the main signs of aging, activating and strengthening the skin's defenses to prevent and stop the aging process.

A collection of water lilies and lily pads floating on water, with a soft, ethereal glow. The flowers are in various stages of bloom, with some showing vibrant yellow centers and others in shades of pink and purple. The lily pads are a pale green color.

FACIALS

The path to enlightenment

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FORMEN 80 MIN

A professional treatment specifically for the care of mens skin. Thanks to the powerful action of its ingredients (pure vitamin C, birch sap, trace elements) and to its exclusive working method, acts effectively on the visible signs of "skins fatigue" It offers protections against environmental aggressions, fights flaccidity, and immediately gives the skin comfort and energy.





HARMONIZING THERAPIES

The path to transformation

Pampering your body and caressing your senses

🌿 **NEURO-AROMA CANDLE 80MIN**
“CARE FOR YOUR EXTERIOR AS WELL AS YOUR INTERIOR; TOGETHER THEY CREATE HARMONY”

Experience incredible sensations during this massage, which works on the meridians of the body with a combination of digital pressure and smooth manipulations. Select the aroma of your choice and enjoy the warmth and softness of your candle: Lavender, rose, passion fruit or vanilla.

🌿 **ROMANTIC RITUAL 50 / 80 MIN**

Enjoy magical moments and experience a treatment with gentle techniques combined with essential oils to induce relaxation. At the end, you will sparkling wine accompanied by chocolate-covered strawberries.

🌿 **REFLEXOLOGY 50 MIN**

An alternative therapy that stimulates the organs through finger pressure on the feet, hands and ears. Your nervous system will stabilize to obtain a deep relaxation, as well as eliminate accumulated stress and fatigue. It is accompanied by subtle aromas that will optimize your perception.



BODY THERAPIES

The path to renewal

Let your skin breathe as well

CITRUS WRAP 80 MIN

Body wrap based on natural ingredients such as crystallized honey, shea butter and vitamin C, which protect the epidermis against dryness and premature aging to give it a rejuvenating, antioxidant and firming power from its first session.

NON-TOXIC 80 MIN

An extra smooth and creamy polish with loofahs filled with an exquisite handcrafted "Beauty Elixir" based on spirulina and hydrating active ingredients.

RITUAL BAMBOO 80 MIN

Discharge dead cells from the epidermis by massaging with its oil base, giving the body a source of phenolic antioxidants while the muscles and joints are pleasantly massaged.

A decorative background featuring several water lilies in various shades of purple and pink, along with green lily pads, scattered across the page.

ANCESTRAL THERAPIES

The path to healing
Finding your inner balance

 **PRE-HISPANIC STONE THERAPY 80 MIN**

Levels and balances the different energy centers of the body. The principal elements of the therapy are volcanic and river stones in various textures, sizes and shapes, which generate internal heat to provide deep relaxation of the body, mind, and soul.

 **CASA VELAS HERBAL RITUAL 80 MIN**

Sharpen your senses during a spiral healing technique with compresses filled with aromatic herbs and botanicals such as orange peel, cloves, bay leaves and horsetail, among others. You'll obtain countless benefits!



BEAUTY SALON

Essence and the personal touch to your beauty

MANICURE 50 MIN

Give your hands a beautiful and natural appearance with an intensive treatment to soften and hydrate your skin. Start with an exfoliation to remove dead cells and continue with a manicure and the application of a nourishing cream.

PEDICURE 50 MIN

It begins with an exfoliation, followed by a fresh mask. Finish with a relaxing massage and nourishing cream.

EXTRAS

- Gel polish
- Gel polish removal

PRICE LIST

MASSAGES

Harmony	50 / 80 min	\$166 / \$205
Therapeutic	80 min	\$207
Deep Tissue	50 / 80 min	\$207 / \$272
Quiro-Golf	80 min	\$205
Tenderness	50 min	\$166

FACIALS

The Cure	80 min	\$218
Organic with White Tea	80 min	\$176
Diamond Life Infusion	80 min	\$226
Citric	80 min	\$207
Less is Beauty	80 min	\$207
Oxygenate Excel	80 min	\$207
For Men	80 min	\$188

HARMONIZING THERAPIES

Neuro-Aroma Candle	80 min	\$207
Romantic Ritual	50 / 80 min	\$328 / \$409
Reflexology	50 min	\$166

BODY THERAPIES

Citrus Wrap	80 min	\$218
Non-toxic	80 min	\$218
Bamboo Ritual	80 min	\$218

ANCESTRAL THERAPIES

Prehispanic Stone Therapy	80 min	\$207
Casa Velas Herbal Ritual	80 min	\$272

BEAUTY SALON

Manicure	50 min	\$59
Pedicure	50 min	\$76
Extras:		
Gel polish		\$25
Gel polish removal		\$20

Prices are listed in USD and include taxes.
Charges apply for additional services.



CASAVELAS®
PUERTO VALLARTA

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